



# SHM Susquehanna Basin Chapter Point-of-Care Ultrasound Course

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**February 7, 2026**

**Penn State Hershey Medical Center**

**Penn State College of Medicine - Biomedical Research Building**

500 University Drive

Hershey, PA 17033



## Register Online

Please [click here to register](#)  
or scan the QR code below:



**SHM Member:** \$100

**SHM Non-Member:** \$150

**Resident:** \$50

## Course Description

The Society of Hospital Medicine Susquehanna Basin Chapter is hosting a Point-of-Care Ultrasound Course on Saturday, February 7, 2026 at 7:30 a.m. ET. Participants will begin to develop the knowledge needed by hospital medicine providers for basic diagnostic point-of-care ultrasound (POCUS) competencies typically encountered and explore and develop the manual probe skills necessary for image acquisition. This course is targeted at beginners to diagnostic point-of-care ultrasound who are interested in experiencing what POCUS can offer to bedside clinicians and educators. Following this course, motivated attendees may wish to consider other POCUS course offerings from professional organizations in the future to obtain formal competency and certification.

## Course Objectives

- To begin to develop the knowledge needed by the hospital medicine provider for basic diagnostic point-of-care ultrasound competencies typically encountered
- To explore and develop the manual probe skills necessary for image acquisition
- To inspire future self-directed POCUS education and competency development for hospital medicine providers in the central PA area

## CME

The Society of Hospital Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Society of Hospital Medicine designates this in-person activity for a maximum of 7.75 AMA PRA Category 1 Credits.<sup>™</sup> Physicians should claim only credit commensurate with the extent of their participation in the activity.

*The faculty and planners of these activities have no relevant relationships to disclose. All relevant relationships were mitigated prior to the start of this activity.*

# Course Director



## Sue Martin, PA-C

Sue Martin is a physician assistant with the Division of Hospital Medicine and the Hospital Medicine APP Fellowship Program Director at Penn State Hershey Medical Center. She is also an instructor and preceptor for the Penn State Physician Assistant Masters Program and serves as the SHM Susquehanna Basin Chapter APP Lead.

# Guest Faculty and Lecturers



## David Chu, MD

Dr. Chu is an associate professor of medicine in the division of pulmonary, allergy and critical care at Penn State. He serves as the program director for the pulmonary/critical care fellowship where he also directs the critical care ultrasound curriculum. He also co-directs the point-of-care ultrasound curriculum for the internal medicine residency.



## Yana Dilman, DNP, RN, AGACNP

Dr. Dilman is a critical care nurse practitioner at UPMC West Shore and a lead faculty member at Herzing University, serving as a certification and licensure coordinator for MSN NP programs.



## Shane Kinard, MD

Dr. Kinard is an assistant professor of hospital medicine at Penn State College of Medicine. He completed the CHEST - SHM POCUS certificate pathway in 2021 and co-directs POCUS training for the Penn State IM residency with Dr. Chu.



## John Madara, MD

Dr. Madara is an assistant professor of medicine at Penn State Hershey Medical Center. He serves as the Associate Program Director of the Pulmonary and Critical Care Medicine Fellowship.



## Woo J. Moon, DO

Dr. Moon is the Director of Hospitalist Procedure Service and the Internal Medicine Residency POCUS Program at Mercy Hospital Saint Louis. He is an associate professor of internal medicine and the Co-Director of Undergraduate Ultrasound Medical Education at Saint Louis University. He also serves as the SHM POCUS Special Interest Group secretary.



## Navitha Ramesh, MD, FCCP

Dr. Ramesh is the intensive care unit medical director for UPMC Community Hospital and faculty for the Internal Medicine Residency at UPMC Harrisburg. Dr. Ramesh is board-certified in pulmonary medicine, critical care medicine, and internal medicine. She also holds leadership roles with CHEST and is the Past President of the Pennsylvania Chapter of the Society of Critical Care Medicine.



## Ian R. Ross, MD, FACP

Dr. Ross is an assistant professor of medicine at WashU in St. Louis, where he is the POCUS co-director for the internal medicine residency program.

# Course Schedule

## Saturday, February 7

7:30 a.m. - 5:00 p.m.

**7:30 - 7:55 a.m.**

Registration

**7:55 - 8:00 a.m.**

Introductions

**8:00 - 8:15 a.m.**

Groups A&B: Physics & Knobology lecture

**8:15 - 8:45 a.m.**

Groups A&B: Chest & Pleura lecture

**8:50 - 9:20 a.m.**

Group A: Chest & Pleura image review  
Group B: Chest & Pleura scanning

**9:25 - 9:55 a.m.**

Group A: Chest & Pleura scanning  
Group B: Chest & Pleura image review

**9:55 - 10:05 a.m.**

Break

**10:05 - 10:35 a.m.**

Groups A&B: Intro to Cardiac Ultrasound (PSSA, PSIA, Apical & SC4) lecture

**10:40 - 11:25 a.m.**

Group A: Cardiac image review  
Group B: Cardiac scanning

**11:30 a.m. -  
12:15 a.m.**

Group A: Cardiac scanning  
Group B: Cardiac image review

**12:15 - 1:15 p.m.**

Catered Lunch

**1:15 - 1:40 p.m.**

Groups A&B : Lower Extremity Venous Ultrasound lecture

**1:45 - 2:15 p.m.**

Group A: Lower Extremity Venous Ultrasound scanning  
Group B: Lower Extremity Venous Ultrasound image review

**2:20 - 2:50 p.m.**

Group A: Lower Extremity Venous Ultrasound image review  
Group B: Lower Extremity Venous Ultrasound scanning

**2:50 - 3:00 p.m.**

Break

**3:00 - 3:30 p.m.**

Groups A&B: Abdomen & Aorta lecture

**3:35 - 4:05 p.m.**

Group A: Abdomen & Aorta scanning  
Group B: Abdomen & Aorta image review

**4:10 - 4:40 p.m.**

Group A: Abdomen & Aorta image review  
Group B: Abdomen & Aorta scanning

**4:40 - 5:00 p.m.**

Concluding remarks and adjournment

## Accommodations

Please visit the website linked below for a list of lodging accommodations located near Penn State Health Milton S. Hershey Medical Center.

<https://ce.med.psu.edu/lodging/>

Breakfast will not be provided but there is a Starbucks on-site immediately inside the main entrance.

## Walking Directions from the Main Entrance to the Biomedical Research Building

- Walk from the Centerview Parking garage (#7) to the main entrance (#6).
- Once inside the main entrance, walk straight down the long hallway.
- You will come to a lion statue. Veer to the right of the lion past the elevators. This will be a short hallway that takes you outside onto a covered walkway.
- At the end of the covered walkway is the entrance to the Biomedical Research Building (#15). A greeter will be at the set of double doors (HMC/PSCOM badge access only) to let you in and provide further direction to the lecture room.

[Click here to view a map of the campus.](#)

## Cancellation/ Refund Policy/ Disclaimer:

Notice of registration cancellation for the SHM Susquehanna Basin Chapter Point-of-Care Ultrasound Course must be made in writing via email to

[chapters@hospitalmedicine.org](mailto:chapters@hospitalmedicine.org). There is a \$10 cancellation fee for all cancellations received before 1/31/2026. Cancellations received after 1/31/2026 will not be eligible for a refund.

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